

SLO

**HEALTH
COUNTS**



American Rescue
Plan Act (ARPA)

Our Impact

Oct 2022 - June 2024

Community Health Improvement Projects

Together with our partners, millions in American Rescue Plan Act funds have already aided in SLO County's recovery from the pandemic through projects focused on community health improvement.

\$5.9

million awarded

Our Focus Areas

Funds targeted four of the highest need areas in our community, touching every corner of SLO County.

15

projects funded



Access to Care



Mental Health and
Substance Use



Food Access



Healthy Aging

SLOHealthCounts.org/ARPA



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A message of recovery

We recently had a chance to ask SLO County residents: *What makes it easier or more difficult to be healthy in our community?*

And we heard from you—not just one or two but thousands of you shared your perspectives on key challenges and opportunities for health in our community.

Funding from the American Rescue Plan Act, a critical part of the federal pandemic recovery effort, provided an opportunity to address the challenges you reported and, in doing so, chart a course toward a brighter and healthier future in our county.

A variety of community organizations were selected to receive funding through a rigorous process overseen by SLO Health Counts. The 15 funded projects have provided mental health supports, helped relieve food insecurity, put mobile health clinics on the road across our community and much, much more.

The health-promoting infrastructure these projects are building will serve us for decades to come.

With these investments, we're taking steps to a healthier future as a community. This document provides a snapshot of that work. I invite you to learn more and stay informed about the important outcomes of this investment. Together, we can continue building a healthier future for SLO County.

To our health,



Penny Borenstein, MD, MPH
Health Officer
County of San Luis Obispo



ARPA in Action

Funds have made possible ...

7,355

lbs of fresh produce

grown by volunteers and students in youth empowerment programs and returned to the community

210,029

meals delivered

to seniors and senior dining sites in 10 locations across the county thanks to a new, larger delivery van

60%

increase in staff

in Paso Robles for after school programs that improve youth mental health supports

23,694

hours of day care and respite services

provided for seniors with Alzheimer's and dementia and their families

2,060

medical appointments supported by bilingual navigators

for primarily Spanish-speaking patients navigating a cancer diagnosis

49

Paso HomeKey residents provided case management

supports to keep them stably housed and help access other resources

67%

of individuals reporting a decrease in mental health symptoms

following counseling for sexual or intimate partner violence

With projects serving **prenatal** to residents ages

95+



“ I've been independent all my life and I never wanted to say this out loud but—I couldn't do without this program. ”

-ARPA Project Participant



SLO

HEALTH COUNTS



About Us

SLO Health Counts is a collaborative of community members, nonprofits, government agencies, cities, schools, and leaders in SLO County working together toward the shared goal of a healthy, thriving community.

Vision

A healthy, equitable, and thriving community.

Mission

SLO Health Counts is a community-wide initiative that works to equitably improve health for those who live, work, and play in San Luis Obispo County.



SLOHealthCounts.org/ARPA

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