



EXECUTIVE SUMMARY

The Challenge and Opportunity

Health improvement is a true community effort. San Luis Obispo County is home to a vast and diverse range of dedicated individuals and organizations working to create a healthy and vibrant future for our community. The work ahead is also vast. Resources are limited. It is through working together that we can most effectively leverage resources and create the greatest collective impact.

Collective Impact through Planning and Collaboration

For these reasons and more, the County of San Luis Obispo Public Health Department convened community partners to help develop a comprehensive and coordinated community health improvement plan. More than 95 community partners—including service providers, advocates and subject matter experts—came together to identify priorities and plans for action over the next five years. This plan represents the start of that collaborative effort.

Measurable Improvement in Priority Areas

The plan is organized into eight priority areas. Each priority area includes a brief introduction to the topic, an overview of the partners involved in the planning process, and a work plan for each goal in the priority area. Work plans detail how the partners will achieve the goals and measure improvement over the next five years. In summary, the priorities, goals and objectives include:

Access to Care

Improve coordination of health care among service providers.

- Increase number of entities participating in the county's Health Information Exchange
- Re-establish Care Coordination Group
- Establish a recognized lead entity to coordinate consumer navigation services
- Ensure ongoing comprehensive and accurate referral information through 211

Increase the proportion of low-income children in SLO County with routine and adequate dental care.

- Increase the percentage of children on Denti-Cal who visit a dentist
- Increase the number of dentists incorporating Re-Think Your Drink and Tobacco Cessation campaigns into their practice
- Provide workforce development in oral health in underserved areas

Recruit and retain providers to the Central Coast.

- Increase number of health care provider training program slots
- Create at least two incentive programs to retain providers

Social Determinants of Health

Increase CalFresh enrollment to reduce hunger and improve health among SLO County residents.

- Increase enrollment of eligible individuals within SLO County

Improve access to affordable, attainable, safe and supportive housing.

- Support the development of very low income, low income, moderate and above moderate housing units throughout SLO County

Visit www.SLOHealthCounts.org/CHIP
to download the full plan or get involved.

SLO
HEALTH
COUNTS

Maternal, Child & Adolescent Health

Improve social and emotional supports for new mothers.

- Increase Perinatal Mood and Anxiety Disorder screening for new mothers

Implement a Help Me Grow™ (HMG) system in SLO County.

- Garner participation to perform universal developmental screening by county pediatricians
- Launch a centralized information and referral hub for HMG

Infectious Disease

Reduce the rate of undiagnosed hepatitis C in SLO County Jail inmate population.

- Increase testing and referrals of hepatitis C in jail population

Reduce the rate of influenza in high-risk SLO County populations.

- Increase the number of flu vaccines given to jail population

Reduce the rate of syphilis in SLO County population.

- Decrease the rate of new syphilis cases

Chronic Disease & Health Behaviors

Improve diets and increase physical activity in the environments where people eat, live, learn, work and play.

- Reduce rates of adult obesity
- Achieve national goal for reducing childhood obesity

Reduce rates of chronic disease among county residents.

- Reduce prevalence of type 2 diabetes among adults in SLO County

Reduce smoking initiation, tobacco use and exposure to secondhand smoke.

- Increase the number of smoke-free outdoor spaces in the county
- Decrease the percentage of youth in the county who use e-cigarettes



Injuries

Reduce falls among seniors.

- Decrease fall-related injuries among seniors
- Increase the provision of fall prevention materials at hospitals for seniors treated after falls

Reduce vehicle-related injuries.

- Reduce number of bicycle-involved motor vehicle collision injuries
- Reduce number of pedestrian-involved motor vehicle collision injuries
- Reduce the number of all motor vehicle collision injuries

Social & Emotional Wellness

Improve consistency of care across the continuum of social and emotional wellness services.

- Adopt a countywide Social and Emotional Wellness Standards of Care policy

Improve the social and emotional support network for teens in SLO County.

- Reduce percentage of teens who report chronic sad or hopeless feelings

Environment

Increase awareness of Valley Fever within the agriculture community.

- Provide outreach information to County AWM permittees

Improve water quality at high priority beach / creek interfaces.

- Collaborate with organizations for regular collection and sharing of surface water quality data
- Seek grant funding to determine causes of exceedances so they can be corrected

Reporting Progress

More detail about activities and measurement is available in each section of the plan. The Public Health Department will release a report on the progress toward these goals each year.